

**APRIL 2021**

**EARLY HEAD START 12-18 MONTHS**  
**FAMILY ENGAGEMENT HOME**  
**PROJECT**

**Child's Name:**

**Site:** \_\_\_\_\_

**Class#:** \_\_\_\_\_

**Teacher's Signature:**



**Volunteers of America®**  
**LOS ANGELES**

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   | Weekly Total |
|--|--|--|--|--|---|--|--------------|
|  | <p>Box and Socks<br/> 2 Shoe boxes – Red/Blue<br/> 4 pairs of socks<br/> Roll the pairs of socks and have your child toss the socks into the box color you call out.</p>                 | <p>Handprints<br/> Trace your child's hand prints several times and let your child color each handprint a different color</p>                                    | <p>Decorate a small box with family pictures on each side. Roll the box and whichever picture is on top the child is to identify who ever is in the picture.</p>                                     | <p>1. Have a picnic on the floor in your home or outside on the lawn.</p>  | <p>2. Look around the house for lots of soft, interesting looking things to fill up a basket with, and then describe each item: color, size form etc.</p>   | <p>3. Go for a walk or stroller ride and collect leaves, followers, and twigs. Take home and create a collage with the items that you found with your child.</p>                 |              |
|  |  | 30 min   | 30min  | No Time Allowed  | 30min   | 1hr  |              |
| 4. Have a muffin pan accompanied by a variety of small objects. It can be an excellent first puzzle for infants and toddlers.  | 5. Place kitchen utensils in a container and allow child to manipulate them, you can add water to make it more interesting.  | 6. Fill a box with objects made of different materials, such as metal, plastic and wood. Let your baby dump out the box and explore content.                     | 7.. Paint using water on construction paper. Use brushes, fingers or sponges. If you want, you can add food coloring too.  | 8. Make clean-up time a game by naming the toys your child chooses to put in the clean-up basket. Use encouraging words. You put the ball the away. You did it.                          | 9. While you are outdoor. Talk to your baby of the sounds, describe what you are doing or seeing.   | 10. Create a box with a hole cut in the box. Decorate the box and insert scarf or different materials for child to pull materials out of the box. Strengthen his/her hand grasp. |              |
| 1hr  | 30min  |  | 30min  | 30min  | No Time Allowed   | 1hr  |              |
| 11. Practice naming your child's body parts. First name and point to each area (nose, eyes, ears, tummy, etc.) Then try naming the body part and ask them to point themselves.               | 12. Practice some baby yoga. Try stretching to make different letters with your body or stretch your body to be the form of an animal. See if your child can touch their toes. Have fun! | 13. Play a game of animal action. Name different animals to imitate. Try and make the sounds and practice the movements of that animal with your child. Be silly | 14. Have paper tubes from paper towel rolls and toilet paper rolls. Cut tubes into pieces and give a muffin pan to your little one. Toddlers love to put objects into things and take them back out. | 15. Use flash cards and glue pictures that have emotions. Ex: child smiling and talk to your child. Encourage child to name the emotions/feelings  | 16. Use items around your house (pillows, chairs, tables) to build an obstacle course. Celebrate when they get to the end. Use words like around, over, under, up, down                                       | 17. Let your toddler pick a book to read. As you read ask them to point out familiar objects, people and animals   |              |
| NO TIME ALLOWED  | 30min  |  | 30min  | 30min  | 1hr   | No Time Allowed  |              |
| 18. Make a book. Gather photos of your family, pets or your child's favorite toys. Read the book with your baby and name each photo. Talk about colors, shapes, names                        | 19.. Get baby to stack toys such as blocks or rings and describe each toy as your baby picks it up. Count how many items your baby stacks. Have them knock it down and start again.      | 20. After bath time give your baby a massage. As you gently massage, describe what you're doing and name their different body parts.                             | 21. Homemade wagon. Attach a string to a shoebox. Show your child how they can pull the string to move the box. Put light items in and ask your child to help you move things from room to room      | 22. Lay pillows and cushions on the floor in a line. Attempt to walk/crawl across them. Pretend you are on top of a wood log. Talk about balancing. Take a picture                       | 23. Tape some empty tubes (wrapping paper, paper towel, toilet paper, etc.) on the wall. Show them how to drop small pom-poms thru. Explore different ways to use them or connect them in different patterns. | 24. While in the bathtub, have your child play with floating toys and sinking objects.   |              |
| 1hr  | 30min  |  | No Time Allowed  | 1hr  | 30min   | 30min  |              |
| 25. During bath time add animals, dolls, plates, cups, measuring spoons, sponges, etc. Encourage your child to practice washing their toys with the soap and water. Describe what child does | 26. Encourage baby to kick a ball on the ground. Gradually build up to rolling ball so baby can kick it while in motion.   | 27. Give your child a crayon and paper and talk about any marks he makes. Take a picture while he's playing with the crayons. Post his picture around the house. | 28. Put on some music and dance. Move around with your toddler and don't be afraid to be silly!! See who has the best dance moves  | 29. Gather different items that make noise (rattles, bells, pots, sticks, etc.) Make some music together while singing your favorite songs. Your child will love being part of the band. | 30min   | 30min  |              |
| 30min  | 30min  |  | No Time Allowed  |  |   |  |              |